

MODULE SPECIFICATION – Long Term Conditions (Adult Field)

Module Title: Long Term Conditions (Adult Field)	Level: 5	Credit Value: 20
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Module code: NUR509 (if known)	Cost Centre: GANG	JACS2 code*: B700
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**please contact Student Data Services for further guidance if necessary*

Trimester(s) in which to be offered: 2	With effect from: September 2012
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Office use only: To be completed by AQSU:	Date approved: 11 th June 2012 Date revised: Version no: 1
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Existing/New: New	Title of module being replaced (if any): None
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Originating Academic area: Nursing	Module Leader: Liz Picking
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Module duration (total hours) 200	Status: core/option/elective (identify programme where appropriate): Core for students following the Adult Field
Scheduled learning & teaching hours 60	
Independent study hours 140	
Placement hours See programme specification	

Percentage taught by Subjects other than originating Subject (please name other Subjects):	None
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Programme(s) in which to be offered: BN(Hons) Nursing	Pre-requisites per programme (between levels): None
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Module Aims:

This module aims to develop the student nurse's understanding of a range of physical and mental health long term/life limiting conditions.

Expected Learning Outcomes

At the end of this module, students should be able to:

Knowledge and Understanding:

Generic Learning Outcomes

1. Examine health promotion strategies and care policies to promote a level of self-care and quality of life responsive to an individual's needs. (**NMC** PV 4, 7, C&IS 1, 2, 6, A3.1 NPDM 3, 4, 7, 8, LMTW 1, 2)
2. Communicate sensitively and effectively with patients and carers, establishing partnership working with members of the multi-disciplinary team whilst respecting professional identity and remit. (**NMC** PV 2, 4, 6, 8, C&IS 1, 3, 4, 5, NPDM 1, LMTW 7)

Adult Learning Outcomes

3. Relate the physiology and understand the impact of common symptoms experienced by individuals with long term/life-limiting conditions. (**NMC** PV A1.1, NPDM A1.1, A4.2, A8.1,)
4. Evaluate current therapeutic, technological and complementary interventions to empower the patient and family to live a life as full as possible. (**NMC** NPDM, 4, 5, 6, 10, A1.1, A3.1, A8.1)

Transferable/Key Skills and other attributes:

Demonstrate competent verbal and written communication skills;

Demonstrate competency in word processing and the presentation of data;

Demonstrate competence in the use of libraries, databases and the internet to identify and subsequently use scholarly reviews and primary sources such as refereed research and original material relevant to the subject being studied.

Assessment: please indicate the type(s) of assessment (eg examination, oral, coursework, project) and the weighting of each (%). ***Details of indicative assessment tasks must be included.***

The assessment of this module comprises of two elements – a project developing a health education resource (booklet/ leaflet) for a person who is living with a long term condition, and an essay (1,500 words) outlining the rationale for health promotion intervention. The booklet/ leaflet must highlight an aspect of the long term condition that requires intervention (for example, constipation) and the rationale must include the physiology and effect of the identified problem, relevant policy and appropriate interventions.

Clinical Practice Outcomes in the '*Ongoing record of Achievement of practice competence*' are formatively assessed throughout the academic year, and summatively assessed in the Personal and Professional Development (Adult or Mental Health) module at the end of each year as Pass / Fail.

Derogation of regulation applicable to this module:

- Two attempts will be allowed at this module with a possible third attempt if this has not been used on another module in this academic year.
- There are no compensatory passes, and all elements have to be passed.
- A second attempt if needed, will be allowed within the academic year.
- Feedback on assessed work will be provided within four weeks of submission

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3 & 4.	Essay	100%		c2,500

Learning and Teaching Strategies:

A variety of teaching methods will be used including lectures, seminars, open learning materials, debate, case studies, discussion and tutorials. Directed study using the library and on-line services (Moodle) will be promoted. There will be opportunity for shared learning with other groups of students.

Syllabus outline:

Causes of long term conditions / common long term conditions including neurological (Parkinsons disease, motor neurone, multiple sclerosis, dementia) , musculo-skeletal (osteoarthritis), cardiovascular (CVA) and respiratory systems (COPD) Cancer (including lympeoedema) / Related pharmacology / Self-management plans /Public health and health promotion strategies / management of chronic and advanced pain / symptom management / stigma / end of life care / compliance / family care givers and multi professional approach / Community Nursing Strategy for Wales.

EU Directive

Nursing principles of Specialist Medicine/ Nursing principles of Care of the old & geriatrics/
Pathology/ Health education/ Pharmacology

NMC Standards

5.6.1 Pharmacology and medicines management/ Social, health and behavioural sciences/
Causes of common health conditions and the interaction between physical and mental health
and illness

5.6.2 Public health and promoting health and wellbeing/ Eating, drinking, nutrition and
hydration/ Comfort and sleep/ Continence promotion and bowel and bladder care/ Clinical
observation, assessment, critical thinking and decision making/ Symptom management, such
as anxiety, anger, thirst, pain and breathlessness/ Medicines management

QAA Standards

A3, B1, B2, B3, B4, C1, C2

1000 Lives +

Communication /Patient Engagement/ Improvement Models

Indicative Reading

Banks, C., Mackrodt, K. (Eds.)(2005), *Chronic Pain Management* London: Whurr Publishers.

Becker, R. (2010), *Fundamental Aspects of Palliative Care Nursing: An Evidence Based Handbook For Student Nurses*. 2nd edn. London: Mark Allen Publishing Ltd.

Carrier, J. (2009), *Managing Long-Term Conditions and Chronic Illness in Primary Care*.
London: Routledge.

Lubkin, I. M., & Larsen, P. D. (2009), *Chronic Illness; Impact and interventions 7TH edn*.
Massachusetts: Jones and Bartlett.

Margerson, C. & Trenoweth, S. (2010), *Developing Holistic Care for Long Term Conditions*.
London: Routledge.